

Do you know that the Food and Drug Administration (FDA) requires generic drugs to have the same strength and purity as brand-name drugs? Generic drugs can be just as effective as their brand-name counterparts at a fraction of the price, so why would you spend more than you have to on your prescription medications? Choose generics and save.

Your prescription drug plan is designed to save you money. Before you use one of the brand-name drugs listed here, you will first need to try a similar, alternative medication. In most cases, this will be a generic drug. Generics are approved by the FDA as safe and effective but will cost you less.

Example: Before you can fill a new prescription for the brand-name drug Cymbalta, you will need to try one of the generic alternatives first – bupropion, fluoxetine, paroxetine, sertraline or venlafaxine.

It's important that you share this list with your doctor to help coordinate your medication needs. This list shows you which brand-name drugs are affected, as well as the recommended alternatives.

This list represents prescription drugs in our standard Generics First - Step Therapy Program. Your benefits may be different. If you have any questions about this list, call the Customer Service number on the back of your BlueCross BlueShield of Tennessee member ID card.

Before you take one of these drugs...	You must have tried ONE of these...	Before you take one of these drugs...	You must have tried ONE of these...
<b>ACE INHIBITORS</b>		<b>ANGIOTENSIN II RECEPTOR BLOCKERS</b>	
Accupril	benazepril	Atacand	benazepril
Aceon	captopril	Avapro	candesartan
Allace	enalapril	Benicar	captopril
Lotensin	fosinopril	Cozaar	enalapril
Mavik	lisinopril	Diovan	eprosartan
Prinivil	moexipril	Edarbi	fosinopril
Univasc	perindopril	Micardis	irbesartan
Vasotec	quinapril	Teveten	lisinopril
Zestril	ramipril capsules		losartan
	trandolapril		moexipril
			perindopril
			quinapril
			ramipril capsules
			trandolapril
<b>ACE INHIBITORS WITH CALCIUM CHANNEL BLOCKERS</b>		<b>ANGIOTENSIN COMBINATION DRUGS</b>	
Lotrel	amlodipine/benazepril	Tekturna	benazepril
Tarka	trandolapril/verapamil ext-rel or other ACE Inhibitor plus a Calcium Channel Blocker	Tekturna HCT	captopril
			enalapril
			fosinopril
			lisinopril
			moexipril
			perindopril
			quinapril
			ramipril capsules
			trandolapril
<b>ACE INHIBITORS WITH DIURETICS</b>			
Accuretic	benazepril/hydrochlorothiazide	Azor	amlodipine plus one of the above generic ACE inhibitors
Lotensin HCT	captopril/hydrochlorothiazide	Exforge	
Prinzide	enalapril/hydrochlorothiazide	Exforge HCT	
Uniretic	fosinopril/hydrochlorothiazide	Tribenzor	
Vaseretic	lisinopril/hydrochlorothiazide	Twynsta	
Zestoretic	moexipril/hydrochlorothiazide		
	quinapril/hydrochlorothiazide		
<b>NSAIDs</b>		<b>ANGIOTENSIN II RECEPTOR BLOCKERS WITH DIURETICS</b>	
Celebrex	choline mg trisalicylate	Atacand HCT	benazepril/hydrochlorothiazide
Mobic	diclofenac	Avalide	candesartan/hydrochlorothiazide
	diffunisal	Benicar HCT	captopril/hydrochlorothiazide
	etodolac	Diovan HCT	enalapril/hydrochlorothiazide
	fenoprofen	Edarbyclor	fosinopril/hydrochlorothiazide
	flurbiprofen	Hyzaar	irbesartan/hydrochlorothiazide
	ibuprofen	Micardis HCT	lisinopril/hydrochlorothiazide
	indomethacin	Teveten HCT	losartan/hydrochlorothiazide
	ketoprofen		moexipril/hydrochlorothiazide
	meclofenamate		quinapril/hydrochlorothiazide
	meloxicam		valsartan/hydrochlorothiazide
	nabumetone		
	naproxen		
	oxaprozin		
	piroxicam		
	sulindac		
	tolmetin		

**Before you take one  
of these drugs...**

**You must have tried  
ONE of these...**

**ANTIDEPRESSANTS**

Celexa	bupropion (all)
Cymbalta	citalopram
Effexor XR	escitalopram
Lexapro	fluoxetine
Paxil (all)	fluvoxamine
Pexeva	mirtazapine
Pristiq	paroxetine
Prozac (all)	sertraline
Remeron (all)	trazodone
Sarafem	venlafaxine
Venlafaxine ER	venlafaxine ext-rel
Wellbutrin (all)	
Zoloft	

**BETA BLOCKERS**

Betapace (all)	acebutolol
Bystolic	atenolol (all)
Coreg	betaxolol
Coreg CR	bisoprolol (all)
Corgard	carvedilol
Kerlone	labetalol
Levitol	metoprolol (all)
Lopressor	nadolol
Sectral	pindolol
Tenormin	propranolol (all)
Toprol-XL	sotalol
Zebeta	timolol
Ziac	

**CALCIUM CHANNEL BLOCKERS**

Adalat (all)	amlodipine
Calan (all)	diltiazem (all)
Cardene (all)	felodipine
Cardizem (all)	nicardipine
Norvasc	nifedipine (all)
Procardia (all)	nisoldipine
Sular	verapamil (all)
Tiazac	
Verelan	

**LIPID LOWERING AGENTS (HMG Co-A Reductase  
Inhibitors)**

Advicor	atorvastatin
Altoprev	fenofibrate
Caduet	fluvastatin
Crestor	lovastatin
Lescol	pravastatin
Lescol XL	simvastatin
Lipitor	
Liptruzet	
Mevacor	
Pravachol	
Vytorin	
Zocor	

**PROTON PUMP INHIBITORS (PPIs)**

Nexium	cimetidine
Prevacid (all)	famotidine
Prilosec	lansoprazole
Protonix	nizatidine
	omeprazole
	pantoprazole
	ranitidine

**Drug Benefit Appeals**

You or your physician may appeal the denial of a drug benefit or a quantity limit by faxing supportive documentation to 1-888-343-4232. Please read your Evidence of Coverage for more information.