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### DOCTORS – PSYCHIATRISTS

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<th><strong>Belmont Behavioral Health</strong></th>
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<tbody>
<tr>
<td><strong>Address:</strong> 103 Jefferson St., Suite 100, Clarksville TN 37040</td>
<td></td>
</tr>
<tr>
<td><strong>Phone:</strong> 931-226-4999</td>
<td></td>
</tr>
<tr>
<td><strong>Hours:</strong> Monday – Tuesday 9 am – 5 pm, Wednesday – Saturday 8 am – 6 pm</td>
<td></td>
</tr>
<tr>
<td><strong>Services:</strong> Psychiatric medication management, Individual, family and group psychotherapy</td>
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<tr>
<td><strong>Insurance:</strong> Most major insurances including TennCare, Medicare, Medicaid and self-pay options</td>
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<tr>
<th><strong>Centerstone</strong></th>
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<tbody>
<tr>
<td><strong>Address:</strong> 511 8th Street, Clarksville, TN 37040</td>
<td></td>
</tr>
<tr>
<td><strong>Phone:</strong> 931-920-7200</td>
<td></td>
</tr>
<tr>
<td><strong>Crisis Line:</strong> 800-681-7444</td>
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</tr>
<tr>
<td><strong>Web:</strong> <a href="https://centerstone.org">https://centerstone.org</a></td>
<td></td>
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<tr>
<td><strong>Hours:</strong> 8:00 AM – 5:00 PM, Monday – Friday</td>
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</tr>
<tr>
<td><strong>Services:</strong> Addiction Recovery, Counseling and Therapy, Crisis and Urgent Care, Forensic Evaluations, Housing, Inpatient Services, Military Services, Pharmacies, Primary Care, Social Services, Therapeutic Foster Care, Vocational and Workplace</td>
<td></td>
</tr>
<tr>
<td><strong>Restrictions:</strong> Case by case basis for services needed.</td>
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<tr>
<td><strong>Payments Accepted:</strong> Tricare, Medicare, Medicaid, TennCare, Check, Cash and Card</td>
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<thead>
<tr>
<th><strong>Hometown Psychology and Wellness</strong></th>
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<tbody>
<tr>
<td><strong>Name:</strong> Dr. E. McPherson Botts, PSY. D</td>
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</tr>
<tr>
<td><strong>Address:</strong> 339 Dover Road Suite B, Clarksville, TN 37042</td>
<td></td>
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<tr>
<td><strong>Phone:</strong> 931-263-4824</td>
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</tr>
<tr>
<td><strong>Web:</strong> <a href="http://www.hometownpsychologyandwellness.com">www.hometownpsychologyandwellness.com</a></td>
<td></td>
</tr>
<tr>
<td><strong>Services:</strong> PTSD, Anxiety, Phobias, Depression, Insomnia, Grief and Loss, Pain Disorders, Relaxation Training, Health Coaching, Life Transitions</td>
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<tr>
<td><strong>Hours:</strong> 8:30 AM - 6 PM, Saturday</td>
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<tr>
<th><strong>Mental Health Cooperative</strong></th>
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<tbody>
<tr>
<td><strong>Address:</strong> 871 Professional Park Drive, Clarksville, TN 37040</td>
<td></td>
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<tr>
<td><strong>Phone:</strong> Office 931-645-5440 / Crisis Line 615-726-0125</td>
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<tr>
<td><strong>Hours:</strong> 8:00 AM – 4:30 PM Monday – Friday</td>
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<tr>
<td><strong>Web:</strong> <a href="http://www.mhc-tn.org">www.mhc-tn.org</a></td>
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<tr>
<td><strong>Services:</strong> Medication Management, Case Management, Individual Therapy</td>
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<tr>
<td><strong>Restrictions:</strong> Age – 3 and older. Medications – No Benzos prescribed.</td>
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Montgomery County Mental Health Directory - 2019

Dr. Michael McGhee
Address: 915 McClardy Road, Clarksville, TN 37042
Phone: 931-221-9990
Hours: 8:30 AM – 12:00 PM, Monday – Thursday
Services: ADHD, Depression, PTSD, Counseling, Suboxone for Addiction
Restrictions: Alzheimer’s and Dementia patients. Patients must be 18 and older.
Payments Accepted: Medicaid, Medicare, Blue Cross Blue Shield, United Care, Tricare, Aetna, Oscar
Payment Exceptions: TennCare

Novus Behavioral Health
Address: 1840 Memorial Drive, Clarksville, TN 37043
POC: Scarlett Mulligan, PPN-C
Phone: 931-820-0242
Hours: 9:30 AM – 4:30 PM, Monday – Sunday
Web: https://www.novusbh.com
Services: Medication Management
Restrictions: No patients under 13 years of age.
Payments Accepted: Aetna, Medicare, Cigna, Champ VA
Restrictions: Medicaid, TennCare, United Healthcare, Blue Cross Blue Shield, Oscar, ComPsych, Magellan
Uninsured: New patient: $175, Follow-up: $85

PennyRoyal Center
Address: 3999 Fort Campbell Blvd, Hopkinsville, KY 42240
Phone: Office 270-881-9551 / Crisis Line 877-473-7766
Hours: 8:30 AM – 5:00 PM Monday – Friday
Web: https://pennyroyalcenter.org
Services: Mental Health, Crisis and Emergency, Intellectual and Developmental Disabilities, Substance Abuse, Residential, Deaf and Hard of Hearing Services, Case Management, Pharmacy
Restrictions: Emergency Services only available to people in Hopkinsville, Trigg County and Todd County. Patients under 5 are restricted to one provider only with Kentucky Medicaid.
Payments Accepted: All insurances with the exception of TennCare
Psychiatric Group at Hilldale
Mary Rutherford PMHC, NS-BC
Kristy Reed PM, HNP, FNP-C
Address: 1820 Memorial Drive #101, Clarksville, TN 37043
Phone: 931-553-4161
Hours: 9:00 AM – 5:00 PM, Monday – Thursday
Services: Medication management, Psychiatric Evaluation, Individual Therapy
Payments
Accepted: Insurance varies per provider

Psychiatry Services of Clarksville
Dr. James J. Staudenmeir MD, MP
Address: 243 Dover Road, Clarksville, TN 37042
Phone: 931-905-4646
Hours: 8:30 AM – 7:00 PM Monday – Friday / 9:00 AM – 2:00 PM Saturday
Web: Https://psoclarksville.com
Services: Depression, Anxiety, Trauma and PTSD, Relationships, Counseling
Restrictions: Suicidal or Homicidal ideations.
Payments Medicaid, Medicare, Tricare, Blue Shield, TennCare, Cigna
Accepted: United Healthcare
Exceptions: Insurance varies per provider
EMERGENCY NUMBERS AND SUPPORT GROUPS

Alcoholics Anonymous
Address: 951 Clark Street, Clarksville, TN 37040
Phone:   931-647-0225
Hours:  10 AM – 9:30 PM Daily
Web:   http://www.aa.org

Clarksville Safe House
Phone:  931-648-9100
Services: Domestic violence support group established to meet the immediate needs of domestic violence victims.

Crisis Center
Address: 1778 Ashland City Road Suite B, Clarksville, TN 37043
Phone:   Office 931-648-1000 / Crisis Line 221
Web:   https://www.guidestar.org/profile/58-1694616
Services: Call 211 if you need information about homeless shelter, food pantries, support groups, housing, utility assistance, medical, dental, VITA Free Tax Preparation, Food Stamp Prescreen, Substance Abuse, crisis intervention, counseling, abuse and any crisis you may have

HOPE
Contact: Amanda Lane
Address: 113 Maxwell Drive, Clarksville, TN 37043
Phone: 615-218-4324
Hours: 6:30 PM – 7:30 PM, Thursdays
Web:   https://hopedepressionsupportgroup.org
Services: Support group meets every Thursday evening at 6:30 PM CST at the House of HOPE, Hilldale Baptist Church located at 113 Maxwell Drive, Clarksville, TN 37040.
Restrictions: Everyone remains courteous and respectful to one another.
Payments Services are free.
Accepted:
NAMI (National Alliance On Mental Illness)
Address: Meets 2nd Tuesday of each month at Clarks. Montgomery County Public Library, 350 Pageant Lane, Clarksville, TN 37040
Phone: 931-221-2696
Hours: 6:30 pm
Website: http://www.namitn.org
Services: Support, education and advocacy.

TN Suicide Prevention Network
Phone: 800-273-TALK
Services: Services Offered: Call 1-800-273-TALK (8255), a free, 24-hour hotline available to anyone in suicidal crisis or emotional distress. Your call will be routed to the nearest crisis center to you. Alternately, you can text TN to 741741 to connect to the Crisis Text Line and a trained counselor.
PSYCHIATRIC HOSPITALS

Cumberland Hall Hospital
Address: 270 Walton Way, Hopkinsville, KY 42240
Phone: 270-886-1919
Hours: Open 24/7
Web: https://www.cumberlandhallhospital.com
Services: Child and Adolescent Inpatient, Adult Inpatient, Adolescent Chemical Dependency, Adult Chemical Dependency, Adult Medical Detoxification
Restrictions: Children 8 and above, children under 8 must be approved by CEO.
Payments Accepted: Most private insurance, Tricare, United Healthcare, Blue Cross Blue Shield
Exceptions: TennCare patients must be referred, Medicaid for children

Middle TN Mental Health Institute
Address: 221 Stewarts Pike, Nashville, TN 37421
Phone: 615-902-7400
Web:
Services:

Park Center
Address: 801 12th Avenue South, Nashville, TN 37203
Phone: 615-242-3576
Web:
Services:

Rolling Hills Hospital
Address: 2014 Quail Hollow Circle, Franklin, TN 37067
Phone: 855-774-2383
Hours: Open 24/7
Services: Inpatient Services:
Adolescent Treatment Program, Adult Psychiatric Program, Adult Co-occurring Program, Adult Intensive Treatment Program, Older Adult/Geriatric Treatment Program, Electroconvulsive Therapy (ECT)
Outpatient Services:
Adult Partial Hospitalization Program, Adult Intensive Outpatient Program, Adolescent Intensive Outpatient Program, Electroconvulsive Therapy (ECT).
Restrictions: Patient must be medically stable. Patients must be age 13 or over.
Payments Accepted: All major commercial insurance plans, Tricare, TennCare, Medicare, Medicaid
Ten Broeck
Address: 1 Medical Center Boulevard, Cookeville, TN 38506
Phone: 931-783-2570 or 885-828-8111
Hours:
Web:
Services:

TriStar Centennial Parthenon Pavilion
Address: 2300 Patterson Street, Nashville, TN 37203
Phone: 615-342-1450 or 615-342-1000
Hours: Open 24 hours
Web:
Services:

Tristar Skyline Medical Center
Address: 3441 Dickerson Pike, Nashville, TN 37207
Phone: 24 Hour Help Line 877-342-1450
Hours: Vary by service.
Services: Outpatient mental health and substance abuse, inpatient adolescence (13-17 years old) program, individual therapy, group therapy, psychiatric evaluation, family therapy, continuing care planning, depression, anxiety, schizophrenia, bipolar disorder, addiction disorders, Alzheimer’s, neurological disorders
Payments Accepted: TennCare, Medicaid, Medicare, Tricare, Multiple Commercial Insurance

TrustPoint Hospital
Address: 1009 N Thompson Lane, Murfreesboro, TN 37129
Phone: 615-848-5850
Hours: Open 24/7
Services: Inpatient and outpatient services related to psychosis, schizophrenia, schizoaffective disorder, delusional disorders, substance abuse, cognitive, behavioral, interpersonal, and support therapy, medication management, and electroconvulsive therapy. Walk-ins welcome.
Restrictions: No patients under the age of 12.
Payments Accepted: All commercial insurances, Medicare, Medicaid, TennCare, BlueCare, Amerigroup
Payment Exceptions: United Healthcare Community Plan
Vanderbilt Psychiatric Hospital
Address: 1601 23rd Avenue South, Nashville, TN 37212
Phone: 615-322-2238
Hours: Open 24 hours
Services:
**SENIOR SERVICES**

**Unity Psychiatric Care**  
Address: 930 Professional Park Drive, Clarksville TN 37040  
Phone: 931-538-6420  
Hours: Open 24/7  
Services: Inpatient Senior Health Management. Major Depression, Anxiety, Mood Instability or Mania, Thoughts of self-harm, Verbal or Physical Aggression, Eating or Sleeping issues, Paranoia or Delusions, Hallucinations, Neglect of Personal Hygiene  
Restrictions: Patients must be age 65 and older. Referral is required. Cannot self-refer.  
Payments Accepted: Insurance is

**Signature HealthCARE of Clarksville**  
Address: 198 Old Farmer Road, Clarksville, TN 37043  
Phone: 931-358-2900  
Hours: Open 24/7  
Web: [https://shcofclarksville.com](https://shcofclarksville.com)  
Services: Clinical Services available 24/7, Rehabilitation Services, and Spiritual Services available for patients.  
Restrictions: Referral Required. 3-night stay required for insurance stays. No sex offenders.  
Payments Accepted: TennCare, Medicaid, and Medicare. Most commercial insurances accepted with prior authorization.
PSYCHOLOGICAL SERVICES

Betsy Abrams LMSW
Address: 1521 Dunbar Cave Road, Clarksville, TN 37043
Phone: 931-227-4212
Web: https://www.psychologytoday.com
Services: Addiction, Grief, Trauma, PTSD, Depression, Anxiety, Low Self-Esteem, Spiritual Issues, Chronic and Terminal Illness, Codependency
Payments: $90 - $120 per session sliding scale, cash or check
Accepted: Will file upon application

Denise Squire PHD
Address: 2141 Old Ashland City Road, Clarksville, TN 37043
Phone: 931-553-8506
Hours: 8 AM – 4 PM
Services: Psychological Therapy
Restrictions: Medication Management
Insurance Accepted: Aetna, Blue Cross Blue Shield Blue Card and Tennessee, Cigna, Humana

Clarksville Behavioral Health
Address: 775 Weatherly Drive Suite F, Clarksville, TN 37040
Phone: 931-494-7131
Hours: 8:00 AM – 7:00 PM Monday – Thursday / 8:00 AM – 5:00 PM, Saturday
Web: www.cbhclarksville.com
Services: Individual, Couples and Family Therapy, ADHD Assessments, Autism Assessments, Geriatric Services, Personality and Cognitive/Memory Testing, Spinal Implant Evaluations, Insomnia
Insurance Accepted: Aetna, Blue Cross Blue Shield, Humana, Medicare, Tricare

Clarksville Community Counseling
Address: Suite 110 2515 Wilma Rudolph Blvd, Clarksville, TN 37040
Phone: 931-614-5202
Hours: 12 – 7 PM, Monday and Wednesday / 9 AM – 3 PM Tuesday, Thursday, Friday
Web: http://www.clarksvillecommunitycounselingllc.com/home.html
Services: Premarital Counseling, Couples Counseling, Family Counseling, Individual Counseling, Children 8 – 13 Counseling
Payments
Clarksville Counseling Center, PLLC
Address: 1820 Memorial Dr., # 203, Clarksville, TN 37043
Phone: 859-699-1963
Hours: 9am -6 pm Monday – Friday
Services: Outpatient services for child, teen, adult, families and couples
Insurance: Accepts most insurance and self-pay for uninsured

Connect Counseling Center
Address: 203 Harnett Court, Clarksville, TN 37043
Phone: 931-614-7397
Hours: 8:00 AM – 8:00 PM Monday – Friday, 8:00 AM – 2 PM Saturday
Web: www.connectcounselingcenter.com
Services: Anxiety, Depression, PTSD, EMDR, Grief/Loss, Behavioral Concerns, Marital Struggles, Personal Growth, Adjustment
Payments Accepted: TennCare, Medicaid, Tricare, Blue Cross Blue Shield and many other major insurances
Exceptions: Patients without insurance may be seen by an intern.

Family Wellness Center
Address: 1891 Old Trenton Road, Clarksville, TN 37040
Phone: 931-552-4170 or 931-552-4171
Hours: 9:00 AM – 5:00 PM, Monday – Friday
Web: http://familywellnesscentertn.com
Services: Assessment, therapy, counseling related to coping skills, life coaching, self-esteem and behavioral
Payments Accepted: Many forms of insurance accepted – provider based.

Health Connect:
Address: 286A Clear Sky Court, Clarksville, TN 37043
Phone: 931-933-7200
Hours: 9:00 am -5:00 pm, Monday – Friday
Web: https://healthconnectamerica.com
Services: Wide range of services to children adolescents and families suffering from traumatic events dealing with grief, anger management, family issues and substance abuse.
Hometown Psychology and Wellness
Name: Dr. E. McPherson Botts, PSY. D
Address: 339 Dover Road Suite B, Clarksville, TN 37042
Phone: 931-263-4824
Web: www.hometownpsychologyandwellness.com
Services: PTSD, Anxiety, Phobias, Depression, Insomnia, Grief and Loss, Pain Disorders, Relaxation Training, Health Coaching, Life Transitions
Hours: 8:30 AM- 6 PM, Saturday

Insight Counseling
Address: 516 Madison Street, Clarksville, TN 37040
Phone: 615-383-2115, ext. 107
Web: http://insightcounselingcenters.org/locations/Clarksville/
Services: Licensed Clinical Pastoral Therapist trained to help clients with a variety of issues hosted by First Christian Church.

Michael C. Sheeham & Associates
Address: 1821 Haynes Street, Clarksville, TN 37043
Phone: 931-552-2883
Services: Sleep Disorders, Schizophrenia, ADD & ADHD, Depression, Insomnia, Bipolar and Manic Depression Disorder

Pathways Counseling
Address: 120 Center Pointe Drive Apt 1, Clarksville, TN 37040
Phone: 931-648-4897
Hours: 9:00 AM – 4:30 PM, Monday, Wednesday and Thursday
Web: https://pathways-counseling-services.business.site
Services: PTSD, Addictions, Attachments of Phobias, Relationships, Life Transitions, Telephone and Video Therapy
Payments Accepted: Cigna, BlueCross and BlueShield, Humana, TriWest, TRICARE, UnitedHealthcare, Aetna
Trinity Behavioral Health
Address: 151B Hatcher Lane, Clarksville, TN 37043
Phone: 931-919-2641
Hours: 9:00 AM – 6:00 PM, Monday – Friday. (Saturday by appointment only)
Web: www.trinitybehavioral.com
Services: Individual Therapy/Counseling, Family Therapy/Counseling, Couples Counseling, Pre-Marital Counseling
Payments Accepted: Tricare East, BlueCross BlueShield, Cigna, Magellan, United Healthcare

Robert Berberich, EDD
Address: 1854 Memorial Dr. Clarksville, TN 37043
Phone: 931-552-9214
Services: Diagnosis and treatment of mental, emotional and behavioral health issues.

Youth Villages Clarksville
Address: 651 Stowe Court, Clarksville, TN 37040
Phone: 931-503-0777
Hours: 8:30 am - 5:00 pm Monday -Friday
Web: https://www.youthvillages.org
Services: Serves birth to age 22 for hard to help, hard to place children with co-occurring medical issues. Provides crisis services, intensive in-home services, foster care and adoption.
MILITARY SERVICES

Centerstone – Steven A. Cohen Military Family Clinic
Address: 775 Weatherly Drive, Clarksville, TN 37043
Phone: 931-221-3850 or 931-221-3590
Web: https://centerstone.org/cohen-military-family-clinic/
Services: Outpatient services for military members and their families providing counseling, military services, psychiatric care and social services.
Insurance: Tricare

Military One Source
Phone: 1-800-342-9647
Web: www.militaryonesource.mil
Services: Family and Relationship, Moving and Housing, Military Life Cycle, Financial and Legal assistance, Education and Employment, Service Provider Assistance, Confidential Help

Fort Campbell Chaplain Care Line
Phone: 270-798-2273
Address: Blanchfield Army Community Hospital Room 0AB56, Fort Campbell, KY 42223

Military Family Life Consultants
Address: Building 2601 Indiana Avenue, Fort Campbell, KY 42223
Phone: 270-205-1917
Services: Confidential and private services for situational and short-term problems, nonmedical counseling, job stress, anger management, deployment reunions and reintegration, communication and grief/loss counseling. Open to all soldiers and family members.

Operation Stand Down
Phone: 931-896-2186 – 931-896-2184
Hours: Monday – Thursday 8 am – 4:30 pm, Friday 1 -4 pm
Web: osdtn.org
Services: Wrap around services for veterans and their families at no cost.

Soldier Center
Address: 2219 Lowes Drive, Clarksville, TN 37040
Phone: 931-553-6981
Hours: 9:00 – 6:00 pm Monday, Wednesday and Friday, 9:00 am – 7:00 pm Tuesday and Thursday
Web: www.soldier-center.com
Services: Serves military personnel, veterans and their families providing specialty treatments for PTSD, complex trauma due to combat, childhood abuse and neglect, sexual assault and, grief resolution dealing with personal loss.
RECOVERY CENTERS

Cumberland Heights
Address:  219B Dunbar Cave Rd, Clarksville, TN 37043
Phone:  615-356-2700
Hours:  Open 24/7
Web:  https://www.cumberlandheights.org/location/clarksville/
Services: Inpatient and Outpatient Services, Sober Living, Recovery Care Advocacy, Adolescence and Adult Extended Care, Religious Services, Family Care,
Restrictions: Patients must be medically stable. Only medical services provided are detox. Primary focus is substance abuse. No youth girl patients accepted at this time. No patients under the age of 13 are accepted.
Payments Accepted: List provided at https://www.cumberlandheights.org/admissions/accepted-insurance-carriers/
Exceptions: TennCare, Medicaid, Medicare, Tricare

Bradford Health Services
Address: 235 Dunbar Cave Road, Clarksville TN 37040
Phone: 866-977-7158
Hours: Open 24 hours
Services: Addiction treatment center

Buffalo Valley Inc
Address: 717 Cumberland Drive, Clarksville, TN 37040
Phone: 931-645-9038
Hours: 8 AM – 5 PM, Monday - Friday
Web: http://www.buffalovalley.org
Services: Outpatient and Inpatient treatment for drug and alcohol recovering patients
Payments Accepted: TennCare, AmeriCare, Blue Care

Encompass Health and Recovery Center
Address: 104 Center Pointe Drive, Clarksville, TN 37040
Phone: 931-494-8619
Hours: Monday – Thursday 10 am -9 pm,
Services: Outpatient drug rehab center providing intensive support to individuals recovering from substance abuse and drug addiction.
Web: www.emcompassrecoverycenter.com
THERAPEUTIC OPTIONS

Healing Touch & Massage
Heidi Rostampour, HTP, LMT
Address: 227A Dunbar Cave Road
Phone: 931-320-1854
Web:
Hours:

Waterdogs Scuba and Safety LLC
Address: 681 N. Spring St., Clarksville, TN 37040
Phone: 931-919-0270
Web: www.diveclarksville.com
Hours: Monday through Friday, 11:00 am - 7:00 pm, Saturday 9 am - 3:00 pm
Restrictions: Medical permission to train.
Accepted: Check, cash, card

Yoga Mat
Address: 227 Dunbar Cave Road
Phone: 931-802-2393
Hours:
OUR APPRECIATION TO
the

MENTAL HEALTH
COOPERATIVE

For Donation of Funds to Print the
Montgomery County Health Council Mental Health
Directory

For changes or additions please email your requests to:
shirley.corker@tn.gov